

How To Glue Pointe Shoes with *Satellite City* Hot Stuff
Instructions by Maria Chapman and Sandy Barrack of Pacific Northwest Ballet
© Satellite City 2011



See the video by Maria Chapman, principal dancer at Pacific Northwest Ballet at www.CAGlue.com! Click on the "How-To" link at the top and click on the pointe shoes on the following page.



- **GENERAL NOTES:**

- Using Hot Stuff on your shoes is a way to make different areas of the shoe harder, and to make the shoes last longer.
- Once you have glued your shoes, it cannot be undone.
- Always use Hot Stuff glue in a well-ventilated area.
- Be careful not to get Hot Stuff on your skin.
- Lay down paper or cardboard to protect the floor from any glue.
- You will need to cut off the tip of the bottle. Cut as close to the tip as possible, so that you have a small hole and can control the flow of the glue.
- You should remove all jewelry from your hands and wrists so that you don't get any glue on your jewelry.
- Hot Stuff usually only takes a few minutes to cure, but when possible, try to glue your shoes the night before so that you don't risk any wet glue touching your skin.
- Young students should get help from an adult when first learning to glue shoes.

- **GLUING THE INSIDE OF THE SHANK**

- Break the shank where the arch of your foot breaks. (The easiest way to find this is to put the shoe on and push the sole into your arch)
- Once the shank is broken, put the tip of the Hot Stuff bottle on the inside of the shoe, between the side edge of the cardboard and the sole of the shoe.
- Gently squeeze the bottle, and let the Hot Stuff flow down between the shank and the bottom of the shoe.
- You will see the glue forming inside of the shoe. Use that as a guideline for how much you need.
- Repeat steps 2 through 4 on the other side of the shank.
- If the glue is soaking through the fabric to the other side of the shoe, you have probably used enough. Ideally, the glue wants to stay mostly in the shank rather than on the fabric.
- Hold the shank of the shoe in the shape you like for 10 – 15 seconds after applying the Hot Stuff.

- **GLUING THE INSIDE OF THE TIP AND BOX**
 - Put the tip of the Hot Stuff bottle inside the box of the shoe, down by the tip.
 - Run the tip of the bottle along the area that you are trying to harden, gently shaking or squeezing if needed as you go.
 - You may repeat this along the inside of the sides of the box, if you want that area strengthened as well.
- **GLUING THE OUSTIDE OF THE SOLE**
 - You may also want to apply Hot Stuff on the outside sole of the shoe, in the arch.
 - Gently fill in the area you want to harden on the sole, and the sides of the sole.
 - Be careful not to get Hot Stuff on the front or back parts of the sole. Hardened glue in these areas will create a slippery surface where your shoes touch the floor.



Visit www.caglue.com today and start using the glue trusted by top ballet companies! The specific product used is the Hot Stuff Original, commonly purchased in 2oz (HS-4) and 1oz (HS-7) sizes.